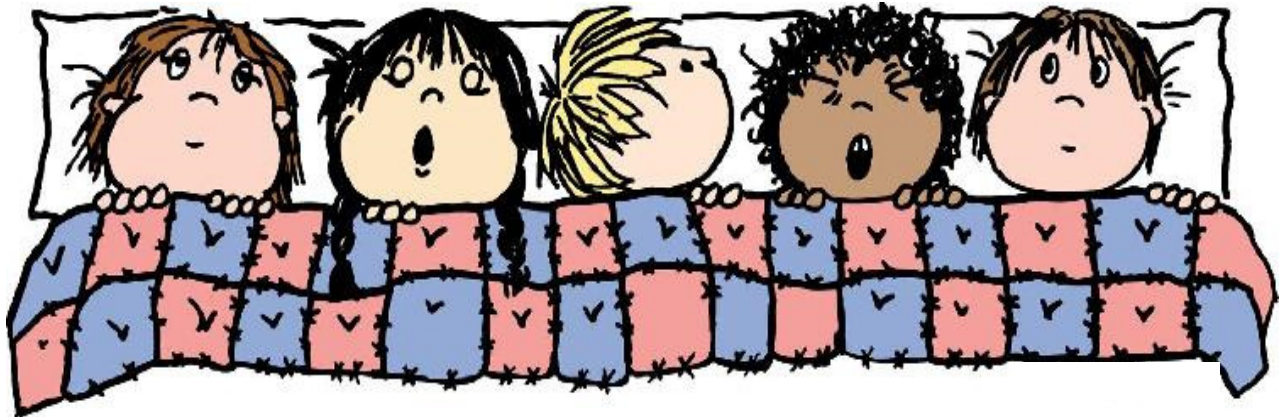


# GUIDELINES FOR A HEALTHY SCHOOL ENVIRONMENT



## PLEASE KEEP CHILD HOME:

- If child awake during night not feeling well
- Complains of headache, sore throat, stomach ache, stomach hurts
- Periods of frequent coughing
- Doesn't eat breakfast because "I don't feel good."
- Has vomited during the night or in the morning
- Has a temperature of 99 or more without medication within 4 hours

***\*\*Do not give child Tylenol/Ibuprofen  
for complaint of not feeling well and send them to school\*\****

## THE 24-HOUR RULE:

- Keep child home for 24 hours after fever subsides (temperature below 99)
- Keep child home for 24 hours after vomiting—accompanied with complaint of not feeling well

## LEAVING SCHOOL BECAUSE NOT FEELING WELL:

- If child leaves school because of being ill, keep home until they feel well.